

Sermon Study Notes – Key Points, Questions & Application

Sermon – Eat with Jesus, Daily Bread: Worship = Welcoming Him

Sermon Series – Grow Hungry for Jesus: *His Habits of the Heart*

Pastor Martin Lifer, Eastminster Church | January 18, 2026

Key Scripture References

Primary Passages:

- **Luke 12:34-37** – “Where your treasure is, there your heart will be like people waiting for their Master... from the wedding feasts, so that – when He’s come & knocked – they immediately open to him. Blessed are those servants the Master finds...watching for him!”
- **Revelation 3:19-20** – “I stand at the door and knock. If anyone hears My Voice and opens the door, I will come in and eat with him, and he with Me.”

Supporting Passages • Deuteronomy 12:7 – Eat and rejoice in the Lord's presence

- Isaiah 25:6-8 – The LORD will prepare a feast for all peoples
- Ephesians 5:18-19 – Be filled with the Spirit, singing psalms

Big Idea

Eat with Jesus: Daily Bread; Worship = Welcoming Him

Series Context

Second of three sermons focusing on *Worship* as the primary spiritual practice:

Worship and a heart of Worship are the grounding for everything else in spiritual formation.

If spiritual practices aren't grounded in worship of God, they're irrelevant and unbiblical.

Personal application today: One way you worship is **welcoming Jesus into your daily life and household when you are sharing a meal.**

“I Stand at the Door and Knock”

Revelation 3:20: "Behold, I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with him, and he with Me."

Luke 12:37 – " when He’s come & knocked, – they immediately open *the door* to him. He will dress himself to serve, make them recline at table, and he himself will come and serve them."

Focus: “I will come in and eat with him, and he with Me.

The Gospel of Table Fellowship with God – Throughout All of the Bible

Worship includes all aspects of who we are and centers on table fellowship with the Lord.

Seven Appointed Annual Feasts (Leviticus 23): Passover, Unleavened Bread, Firstfruits, Pentecost, Trumpets, Atonement, and Tabernacles. **All involve eating in the Lord's presence.**

Deuteronomy 12:7 – "In the presence of the LORD your God, you ... shall eat and rejoice."

Our Habits Are Not Neutral

THE CRITICAL REALITY: Our thoughts, moods, activities, time allocation, and habits are **NOT neutral.** They're doing **ONE** of **TWO** things:

1. **Aligning us with Jesus**, helping us commune with Him more closely; or
2. **Moving us away from Him**, conditioning us to ignore or forget Him.

Think: Might we say, "I didn't even think of Jesus this week. I thought about NFL playoffs, what I was going to buy, someone who made me mad — but not about Jesus."

THE CRITICAL REALITY FOR PARENTS: What we do as a family is either **aligning children with the Lord** or **conditioning them to ignore Him**.

“Give Us This Day Our Daily Bread.”

The Lord's Prayer: Are you praying ***“Give us this day our daily bread”*** with integrity? Every day, not just Sunday?

Our way: "Lord, help me feed myself, be a good provider."

Jesus' Way: We ask HIM to feed us, and **He will feed our bodies and souls – daily physical food and spiritual food (Himself – the Living Bread – and His Spirit).**

If you want Jesus to feed you, then invite Him to be with you during your meal.

The Feast God Prepares

Isaiah 25:6-8: "On this mountain, **the Lord will prepare a feast** of rich food **for all peoples...** He will swallow up death forever, wipe away tears."

Who's preparing and serving the Kingdom Feast? THE LORD.

Matthew 22:2-3 – Wedding feast invitation: **"But they would not come."**

Worship With Your Whole Body

We're not *"brains on a stick"* [*the term used by James K.A. Smith*].

Psalms 100 – **"Shout for joy to the Lord... Come before Him with singing."**

Ephesians 5:18-19 – **"Be filled with the Holy Spirit... singing psalms... spiritual songs."**

Honor God Publicly

Norman Rockwell's "Saying Grace": Woman worships in bustling diner—people shocked. **1 Samuel 2:30** – "Those who honor me, I will honor."

The Challenge

Joshua 24:15 – "As for me and my household, we will serve the Lord!"

This week: Include worshiping Jesus as part of meals; invite Him to eat with you.

Jesus: "He will dress himself to serve, make them recline, and serve them."

Like the Last Supper—He'll wash our feet, serve us. This is who He is.

Discussion Questions

- 1. Where's Your Treasure?** • How much time do you spend with Jesus vs. spending your time on other things? What does that reveal?
- 2. Habits Aren't Neutral** • Are your habits aligning you with Jesus or moving you away?
- 3. Daily Bread** • Do you pray "Give us daily bread" with integrity? Invite Jesus to meals?

This Week's Challenge

Consider what worshiping with Jesus during weekday or weekend meals would look like for you and your household (when, where, how?), and then commit and plan to welcome Jesus to your (or your family's) mealtimes two or three times per week.

Closing Challenge

Reframe how your family eats meals—at least 2-3 times this week.

Worship Jesus. Eat with Him daily. Daily worship = welcoming Him.

Revelation 19:9 – "Blessed are those invited to the wedding feast of the Lamb."