

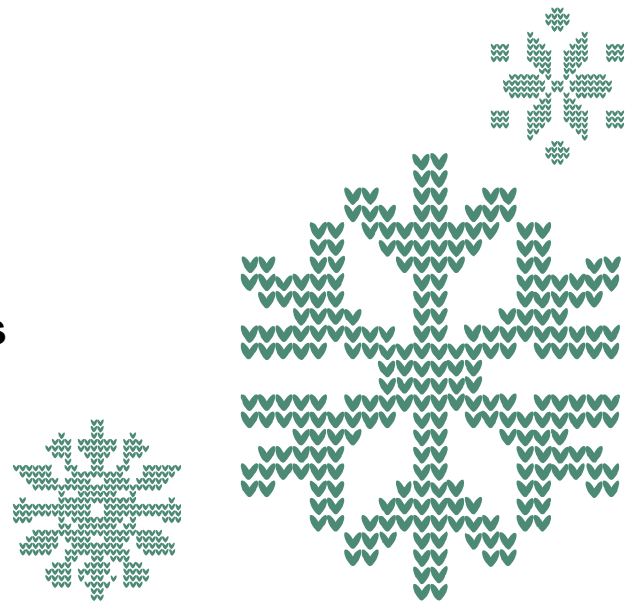
WINTER RETRREAT

Packing List 2025

- Bible**
- Pen & Journal**
- Bedding**
(Sleeping Bag or Sheets & Blanket)
- Pillow**
- Warm Jacket or Coat**
- Rain Jacket or Poncho**
- Toiletries**
(Shampoo + Conditioner + Soap
+ Toothbrush + Toothpaste + Deodorant + Etc.)
- Towel**
- Warm Athletic Clothes**
- Socks & Underwear**
- Shower Shoes**
- Dark Clothes for Night Games**
- Trash Bag for Dirty Clothes**
- Tennis Shoes**
(May Get Muddy at The Woods!)
- Water Bottle**

DO NOT BRING:

- Alcohol
- Weapons
(including pocket knives)
- Chemicals
- Tobacco products
- Snacks with peanuts



MIDDLE SCHOOL

CHECK-IN: Friday, Feb. 7, 5 p.m.; Gym w/dinner

RETURN: Sunday, Feb. 9, 3:30 p.m.; Parking Lot

HIGH SCHOOL

CHECK-IN: Friday, Feb. 14, 5 p.m.; Gym w/dinner


RETURN: Sunday, Feb. 16, 3:30 p.m.; Parking Lot


REQUIRED FORMS

All medications must be checked in along with the completed Prescription Medication form


Please turn in all annual forms found at eastminster.org/retreats


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STUDENTS