

RETREAT

Packing List 2024

- Bible**
- Pen & Journal**
- Bedding**
(Sleeping Bag or Sheets & Blanket)
- Pillow**
- Sweatshirt or Light Jacket**
- Rain Jacket or Poncho**
- Toiletries**
(Shampoo + Conditioner + Soap + Toothbrush + Toothpaste + Deodorant + Etc.)
- 2 Towels**
(Shower & Backup)
- Insect Repellent**
- Sunscreen**
- Athletic T-shirts and Shorts**
- Warm Clothes**
- Socks & Underwear**
- Shower Shoes**
- Dark Clothes for Night Games**
- Trash Bag for Dirty Clothes**
- Tennis Shoes**
(May Get Muddy at The Woods!)
- Water Bottle**

DO NOT BRING:

- Alcohol
- weapons (including pocket knives)
- Chemicals
- Tobacco products
- Snacks with peanuts





MIDDLE SCHOOL

CHECK-IN: Friday, Oct. 25, 5 p.m.; Gym

RETURN: Sunday, Oct. 27, 3:30 p.m.; Parking Lot

HIGH SCHOOL

CHECK-IN: Friday, Nov. 1, 5 p.m.; North Building


RETURN: Sunday, Nov. 3, 3:30 p.m.; Parking Lot


Required Forms


All medications must be checked in along with the completed Prescription Medication form

Please turn in all annual forms found at eastminster.org/retreats


 @eastminsterstudents

 facebook.com/eastminsterwichita

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STUDENTS