

Eastminster Spring Retreat Packing List

- ☐ Bible
- ☐ Pen & journal
- ☐ Bedding
- ☐ Pillow
- ☐ Sweatshirt or light jacket
- ☐ Rain jacket or poncho
- ☐ Towel
- ☐ Toiletries - shampoo, conditioner, toothbrush, toothpaste, soap, deodorant, etc.
- ☐ Insect repellent
- ☐ Warm athletic clothes for outdoors
- ☐ Socks & underwear
- ☐ Flip flops (for the shower)
- ☐ Trash bag for dirty clothes
- ☐ Mask
- ☐ Tennis shoes (*may get muddy at The Woods!*)
- ☐ Water bottle

Optional: flashlight, fishing pole, snacks, money for The Woods store, guitar

Do Not Bring:

- Alcohol
- Weapons of any kind (*including pocket knives*)
- Chemicals
- Fireworks
- Tobacco products
- Snacks with peanuts
- Electronic devices (*phones, iPads, iPods, etc.*)

High School

CHECK-IN: Saturday, April 9, 5 p.m.;
Eastminster Student Center Parking Lot

RETURN: April, April 11, 3:30 p.m.;
Eastminster Student Center Parking Lot

All students must answer a COVID-19 questionnaire, submit required forms, and make necessary payments.

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Sign up for emails at
eastminster.org/students



lderby@eastminster.org



634.0337, ext. 2018



Text Eastminster MS to 313131

Required Forms

- All medications must be checked in along with the completed Prescription Medication form.
- Please be sure you turn in a Liability form, COVID Questionnaire, witnessed Medical Release form & signed Student Consent form at check-in.



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